



## KIDNEY AND URINARY TRACT DISORDERS

t is a general notion that frequent urination at night and otherwise is a symptom of old age and is incurable, where as this is not true. This happens generally due to the prostrate problem and is curable. Timely detection of the problem is of utmost importance. Some urinary tract disorders rarely cause symptoms until the problem is very advanced; these include kidney failure, tumors and stones that do not block urine flow, and some low-grade infections. Sometimes, symptoms occur but are very general and difficult for the doctor to connect to the kidney. For example, a general feeling of illness (malaise), loss of appetite, nausea, or generalized itching may be the only symptoms of chronic kidney failure. In older people, mental confusion may be the first recognized symptom of infection or kidney failure.

Symptoms that are more suggestive of a kidney or urinary problem include pain in the side, which sometimes radiates to the center of the abdomen, swelling of the lower extremities, and problems with urination.

The facilities in Bihar for treatment of urological diseases are at par with best in India like the facilities at IGIMS. The patients from other states like Assam, Jharkhand, and MP, Nepal keep flocking here for their treatment. The department of Urology is well equipped and well functioning with the facilities of transurethral surgery- (for prostate, urethral stricture, cancer urinary bladder), minimal invasive surgery - (PCNL for stones and laparoscopic surgery), non-invasive surgery (extra corporeal shock wave lithotripsy- stone treatment without surgery and without anaesthesia) and advance urodynamic studies, faciliThis center is gaining milestones in its field with the help of its experts and experienced professionals.





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